

QUICK GUIDE TO SADOD RESOURCES

For Grief, Trauma, & Distress After a Substance-Use Death

Free resources for bereaved people and frontline care providers in Massachusetts through funding from the Bureau of Substance Addiction Services

GRIEF RESOURCES
After a Death from Substance Use

For Newly Bereaved People: bit.ly/basicgriefinfo

Grief Support Group Directory: bit.ly/sadodgroups

Quick Guide to SADOD Website: bit.ly/sadodquick

MA Substance-Use Helpline: 800-327-5050

SADOD
617-982-2150 moreinfo@sadod.org

SADOD.ORG

SADOD is a Massachusetts peer grief support program for people bereaved by a death from substance use, including accidental overdose, suicide, homicide, medical condition, or other accident.

honoringthemanymany.org

SADOD Wallet Cards
For anyone in need

Basic information for the bereaved:

- [About Grief](#)
- [About Helping Adults](#)
- [About Helping Children](#)

For frontline care providers:

- [When a Death Affects Me & My Colleagues](#) includes [Coping with Overdose Fatalities](#)
- [Taking Care of Yourself](#) includes an excerpt from TIP-57: [Counselor Self-Care](#)

VOICES Newsletter
For care providers & others affected by fatalities

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VOICES Newsletter
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Peer Grief Support VOICES
OCTOBER 2020

Quick Guide
Top 10 SADOD resources

Memorial Website
honoringthemanymany.org

Peer Grief Support Group Directory

Free Grief Booklets
[SURVIVING THE GRIEF OF AN OVERDOSE DEATH](#)

Quick Guide
Top 12 SADOD resources

Memorial Website

honoringthemanymany.org

Peer Grief Support VOICES
OCTOBER 2020

His Recovery Honors Those Who Died
By Kerry J. Bickford, VOICES Editor

It is almost 7 p.m. on a Tuesday evening and I'm sitting in a room so full of adults that people are now pulling chairs in from surrounding rooms. The air is abuzz with energetic chatter, and I notice a young man who appears to be in his 30s high-fiving and hugging people as they arrive. His appearance is somewhat of a contradiction: while he is wearing a shirt, tie and dress pants, his hairstyle is decisively mohawk, and there are tattoos peeking out from every part of his body that isn't covered. My first impression is that I may finally have arrived at the right meeting.

SHARE THIS BY USING ITS BITLINK

bit.ly/sadodquick

DOWNLOAD IT AS A HANDOUT

moreinfo@sadod.org
617-982-2150

Peer Grief Support Group Directory

<p>Still Learning Still Coping Learn to Cope Group</p> <p>Participants: Contact: Peter Babineau Phone: (508)245-8005 Email: cbabineau@learn2cope.org Alternate Contact: Franklin Cook Alternate Contact's Phone: (617) 398-9743 Contact's Email: franklin@unifiedcommunities.com Meeting Information: virtual Address: Virtual City, Massachusetts 02472</p>	<p>Mens Grief Group for Substance-Use Loss</p> <p>Participants: Contact: Dave Swindall Phone: (774)575-8568 Email: davidswindell2015@gmail.com Alternate Contact: Franklin Cook Alternate Contact's Phone: (617) 398-9743 Contact's Email: franklin@unifiedcommunities.com Meeting Information: virtual Address: Street Millford, Massachusetts 01757</p>	<p>Journey To Hope</p> <p>Participants: Contact: Gail Langley Phone: (508)341-4524 Email: gailangley@gmail.com Alternate Contact: Robyn Stokowski Alternate Contact's Phone: (774) 236-7284 Contact's Email: robystokowski@aol.com Meeting Information: Mondays 6:30 - 8:00 PM Address: 9 Spring</p>
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Peer Grief Support Group Directory

SURVIVING THE GRIEF OF AN OVERDOSE DEATH

what's up grief

Free Grief Booklets