QUICK GUIDE TO SADOD RESOURCES For Grief, Trauma, & Distress After a Substance-Use Death

Free resources for bereaved people and frontline care providers in Massachusetts through funding from the Bureau of Substance Addiction Services



SADOD Wallet Cards For anyone in need **Basic information for the bereaved:**

- About Grief
- About Helping Adults
- About Helping Children

For frontline care providers:

- When a Death Affects Me & My Colleagues includes Coping with Overdose Fatalities
- <u>Taking Care of Yourself</u> includes an excerpt from TIP-57: Counselor Self-Care

VOICES NewsletterFor care providers & others affected by fatalities

Quick Guide
Top 12 SADOD resources

Memorial Website





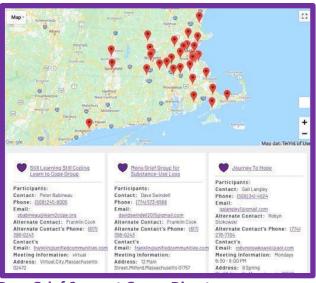


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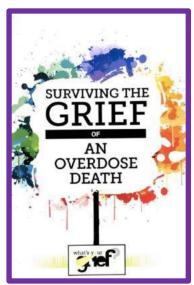
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DOWNLOAD IT AS A HANDOUT

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Peer Grief Support Group Directory



Free Grief Booklets