



SAVE THE DATES: JUNE 19-20, 2020

TWO-DAY WORKSHOP: HOW TO FACILITATE A PEER SUPPORT GROUP FOR GRIEF AFTER A DEATH FROM SUBSTANCE USE

Hilton Garden Inn
170 Forest Street
Marlborough, MA

If you are interested in attending, please email Franklin Cook, franklin@unifiedcommunities.com.

- Information and a registration link will be sent to you.
- After you register, you will receive an online application.

- Day One: Friday, Jun. 19 / Coffee & Snacks: 9:30am / Workshop: **10am-5pm**
- Day Two: Saturday, Jun. 20 / Coffee & Snacks: 8:30am / Workshop: **9am-4pm**
- Lunch is provided both days

Attendance at both full days is required, plus a brief homework exercise on Day One.

More information about workshop costs and requirements is forthcoming.

DESCRIPTION: This 12-hour workshop is for:

- People who have lost someone close to them to a death from substance use who are interested in or are already facilitating a peer grief support group for people who have also experienced such a loss
- Bereaved people who facilitate any kind of peer grief support group for adults and whose group welcomes people bereaved by substance-use death

Learning objectives: At the conclusion of the workshops participants will be able to:

- Discuss and apply key theories about grief
- Discuss and apply reliable approaches to *grief* support, including the dynamics of interacting with bereaved people
- Discuss and apply reliable approaches to *peer* support, especially in the role of support group facilitator
- Discuss and apply reliable approaches to *helping people cope with distress* while at the same time *taking care of themselves*

Presenters: Franklin James Cook, MA, CPC, and Glen Lord, BSBA

Franklin is the owner of Unified Community Solutions (bit.ly/homeucs) in Watertown, Mass. He managed the three pilots that led to the SADOD project; is a Health Care and Safety Expert Consultant for the Massachusetts Department of Public Health; and has served as a DPH consultant since 2012. He co-led the blue-ribbon panel that developed national guidelines for community-based grief support after suicide and recently published an article in *Death Studies* on systematically implementing peer grief support programs nationally.

Glen is President and CEO of The Grief Toolbox (bit.ly/griefftoolbox), and creator of *Walking Through Grief*, a model based on peer support principles that is used in more than 500 grief support groups nationally. He is managing partner of Journeys of Hope Healing and Health, LLC, co-creator of the Bereavement Cruise Grief Conference, and co-founder of the International Grief Institute, which provides education for professionals and peer supporters. Glen also is past president of the national board of directors of The Compassionate Friends.



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Bureau of Substance Addiction Services

For information about SADOD,
please go to bit.ly/sadodproject.